

"How to sew temporary face masks"

Nice that you want to help sewing temporary face masks.

With this campaign we want to provide temporary face masks to people, who are at risk of infection for others or who have to protect themselves.

There are many reasons to be at risk, e.g. work in system-relevant professions, aid organizations, neighborhood help or lack of access to the health system. Besides, through the sewing campaign we want to help prevent hospitals and medical practices from further problems in obtaining certified protective masks.

Suggestions of people/groups who might need temporary masks are welcome by e-mail.

CAUTION: The masks should not be a replacement for certified face masks, because they cannot provide the same safety standard. The masks are intended to protect against droplet and smear infections, thus further slowing down the spread of COVID-19.

It is still important to ensure sufficient hygiene and safety distance! Special caution is required when removing the mouthguard.

Afterward please clean/disinfect hands again.

PROCESS:

1. I am healthy and would like to help sewing temporary face masks.
2. Find instructions:
 - https://www.youtube.com/watch?v=SgRWI12-5_4
 - [VOX](#)
 - https://www.burdastyle.de/mundschutz_tutorial
3. wash or disinfect your hands thoroughly before sewing and wear a mouth guard at work if possible.
4. after making the masks, please boil them for 5 minutes or wash them at 60°C. After drying, please place the masks in a sealable plastic bag with cleaned/disinfected hands or gloves and mouthguard.
5. tell us where the masks can be picked up or bring them by appointment to the polyclinic, Taubestraße 2, 04347 Leipzig-Schönefeld.

We appreciate your help!



Poliklinik

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If you have any questions or suggestions, please contact us via e-mail at:
solidaritaet@poliklinik-leipzig.org.